



## **Sacred Heart Primary School's**

### **Pupil Anti-Bullying Policy**

Sacred Heart is a caring, friendly school. We do not agree with bullying and think that everyone has the right to feel happy and safe in school.

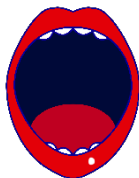
**No one deserves to be bullied!**

### **What is bullying?**

Bullying is when someone is verbally or physically threatened or hurt by another child or group of children **over and over again**.

**Bullying can be:**

**Verbal**



**Physical**



**Cyber**



### **What does the Headteacher do to stop bullying?**

- They make sure that all of the teachers know how to deal with bullying.
- They ensure that all children know that bullying is wrong, and that it is unacceptable behaviour in this school.
- They set the school climate of mutual support and praise for success, so making bullying less likely.

### **What do teachers do to stop bullying?**

- If teachers see somebody being bullied, they will support the child who is being bullied. The teachers will tell the parents of the victim and the parents of the child/children who have been bullying.

- If teachers see any bullying taking place between members of a class, they will deal with the issue straight away.
- They will keep a record of all incidents that take place in the classroom and outside.
- They will support all children in class and to establish a climate of respect for all. By praising and celebrating the success of all children, they aim to prevent incidents of bullying.

## **What can I do if I'm being bullied or I know somebody is being bullied?**

- At school, you should tell a teacher, lunch time supervisor or the Headteacher.
- When you get home, you should tell your parents or carers.
- Do not be, or pretend to be, friends with a bully.
- Don't smile or laugh - it will encourage the bullies to carry on.
- Don't over-react or hit them back.
- Get away as soon as possible - join another pupil or group if you can.
- If you think your friend is being bullied, ask them to join in your game.

## **How we help to put things right**

- We work hard to make things better
- We meet together and share honestly what has happened
- We talk about how it has affected the person being bullied
- We decide what needs to happen to put things right or stop it from happening again

## **What do parents do to stop bullying?**

- Look out for unusual behaviour in your child - for example, they may suddenly not wish to attend school, feel ill or not complete work to their usual standard.
- Contact the class teacher or Headteacher as soon as possible.
- Advise your child not to fight back.
- Make sure your child is not afraid to ask for help.
- Talk calmly with your child about their experiences.
- Make a note of what he/she says.
- Reassure their child that he/she has done the right thing.

## **What do governors do to stop bullying?**

- They support the Headteacher in stopping bullying in our school.
- They look at the incidents that have occurred and monitor these.