



Sacred Heart Primary School's

Pupil Anti-Bullying Policy

Sacred Heart is a caring, friendly school. We do not agree with bullying and think that everyone has the right to feel happy and safe in school.

No one deserves to be bullied!

What is bullying?

Bullying is when someone is verbally or physically threatened or hurt by another child or group of children **over and over again**.

Bullying can be:

Verbal



Physical



Cyber



What does the Headteacher do to stop bullying?

- They make sure that all of the teachers know how to deal with bullying.
- They ensure that all children know that bullying is wrong, and that it is unacceptable behaviour in this school.
- They set the school climate of mutual support and praise for success, so making bullying less likely.

What do teachers do to stop bullying?

- If teachers see somebody being bullied, they will support the child who is being bullied. The teachers will tell the parents of the victim and the parents of the child/children who have been bullying.

- If teachers see any bullying taking place between members of a class, they will deal with the issue straight away.
- They will keep a record of all incidents that take place in the classroom and outside.
- They will support all children in class and to establish a climate of respect for all. By praising and celebrating the success of all children, they aim to prevent incidents of bullying.

What can I do if I'm being bullied or I know somebody is being bullied?

- At school, you should tell a teacher, lunch time supervisor or the Headteacher.
- When you get home, you should tell your parents or carers.
- Do not be, or pretend to be, friends with a bully.
- Don't smile or laugh - it will encourage the bullies to carry on.
- Don't over-react or hit them back.
- Get away as soon as possible - join another pupil or group if you can.
- If you think your friend is being bullied, ask them to join in your game.

How we help to put things right

- We work hard to make things better
- We meet together and share honestly what has happened
- We talk about how it has affected the person being bullied
- We decide what needs to happen to put things right or stop it from happening again

What do parents do to stop bullying?

- Look out for unusual behaviour in your child - for example, they may suddenly not wish to attend school, feel ill or not complete work to their usual standard.
- Contact the class teacher or Headteacher as soon as possible.
- Advise your child not to fight back.
- Make sure your child is not afraid to ask for help.
- Talk calmly with your child about their experiences.
- Make a note of what he/she says.
- Reassure their child that he/she has done the right thing.

What do governors do to stop bullying?

- They support the Headteacher in stopping bullying in our school.
- They look at the incidents that have occurred and monitor these.